

SN-X NPN 80047327

100 capsules, Herbal combination, Stock No. 1247-8

SN-X is a traditional all-herbal medicine formula.

Nature's Sunshine 'X' formulas are based on the work and research of Dr. John Raymond Christopher, M.H., N.D., the renowned American master herbalist and healer. Dr. Christopher's desire was for everyone to have the knowledge to properly care for their own body. His work endures to this day, where he has become an inspirational figure in modern Western herbalism.

Did you know?

One of the most common healthcare complaints in North America, sinusitis affects as much as 50 million North Americans a year. Some researchers estimate that as much as 14 percent of the population suffers chronic (long-term) sinusitis.

Fructus aurantia immaturi, the key ingredient in this formula, is commonly used in traditional Chinese medicine as an expectorant for eliminating phlegm and relieving congestion. Furthermore, it contains the active constituent synephrine, which increases circulation to the head, shrinks swollen tissues, and dilates respiratory passages for normal breathing.

NSP Advantage

100 capsules. Herbal combination.

Ingredients: Medicinal Ingredients: Each capsule contains *Citrus aurantium* (bitter orange) fruit 168 mg; *Arctium lappa* (burdock) root 73 mg; *Petroselinum crispum* (parsley) leaf 46 mg; *Marrubium vulgare* (horehound) flower and leaf 45 mg; *Eleutherococcus senticosus* (eleuthero) root 43 mg; *Althaea officinalis* (marshmallow) root 37 mg; *Hydrastis canadensis* (goldenseal) root and rhizome 30 mg; *Capsicum annuum* (cayenne) fruit 29 mg and *Eriodictyon californicum* (yerba-santa) leaf 20 mg. Non-medicinal Ingredients: Gelatin, cellulose and magnesium stearate.

Recommendation (adults): Take two capsules three times daily with a meal. Take a few hours before or after taking other medications or health products. Consult a health care practitioner for use beyond 1 month.

Risk Information: Consult a health care practitioner prior to use if you have stomach ulcers, inflammation, diabetes, a kidney disorder or any type of acute infection. If symptoms persist or worsen, consult a health care practitioner. Consumption of Goldenseal with alcohol, other medications and/or natural health products with sedative properties is not recommended. Do not use if you are pregnant, breastfeeding, have high blood pressure or if you are allergic to plants of the Asteraceae/Compositae/Daisy family. Hypersensitivity/allergy is known to occur, in which case, discontinue use.

Features & Benefits

- Cayenne is traditionally used in Herbal Medicine to aid digestion and help support peripheral circulation.
- A traditional all-herbal medicine formula.